



# ARASA TOUR LAOS

The Lao Experience 

Ban Thongkhankham, Khounboulom Rd , Vientiane – LAOS

Tel: (856-21)213633-4 / Fax: (856-21) 213635

Email: [info@arasa-tour-laos.com](mailto:info@arasa-tour-laos.com) [www.arasa-tour-laos.com](http://www.arasa-tour-laos.com)

---

## NORTH VIETNAM AND LAOS DISCOVERY

### Day 1 Arrival - Ha Noi

Welcome at the airport on arrival in Ha Noi and transfer to hotel for check-in. Afternoon visit the Ethnology Museum, then continue to visit the Hoan Kiem Lake with Ngoc Son Temple. One hour cyclo ride in the Old Quarter of Ha Noi with over one thousand years of history to visit the ancient house (*38 Hang Dao or 87 Ma May road*) to experience how the local people live. Enjoy the Water Puppet Show. Overnight in Ha Noi.

### Day 2 Hanoi – Ninh Binh

Breakfast at hotel.

Morning transfer to Ninh Binh to visit **Hoa Lu ancient town** with two temples dedicated to Dinh and Early Le Dynasties which founded this first capital of the feudal Vietnam in 10<sup>th</sup> and 11<sup>th</sup> centuries. Afternoon continue to enjoy a hand-rowed sampan ride on Ngo Dong River with limestone cliffs jutting out of wet rice paddies to visit Tam Coc caves and Bai Dinh Pagoda – Dien Tam The. Overnight in Ninh Binh.

### Day 3 Ninh Binh - Halong

Breakfast at hotel

Morning drive to Ha Long (250km away from Ninh Binh) where the wonderful Ha Long Bay is situated.

#### *The estimated cruise schedule as below.*

*\* This itinerary is based on the Halong Majestic Cruise, it can be changed if other cruise confirmed:*

*07:30 – 08:30 Our tour guide and bus pick you up at your hotel in Hanoi old quarter.*

*08:30 Departure to Halong Bay for 3.5 Hours.*

*10:00 Arrive in Hai Duong province, and have 20 minute short break.*

*12:00 Arrive Bai Chay harbor, Halong Bay.*

*12:15 Welcome to Majestic Cruise and enjoy Welcome drink, Enjoy welcome drink get a brief introduction about cruise and safety guidelines. Check-in your cabin.*

12:30 Have Vietnamese seafood and vegetarian lunch, while cruising in the magnificent Halong Bay, admiring the fascinating rock formations in the bay.

14:30 arrival in **Van Gia floating fishing village**, take rowing boat through the village or kayaking to visiting around the floating fishing village.

15:30 Continued exploration the bay.

16:00 Visiting Halong Pearl Farm Village, and Swimming in the bay.

17.30 Back Majestic cruise and relax.

18:00 Join cooking class guided directly by Chef of Majestic Cruise. You have chance to practice Vietnamese traditional dishes such as spring roll or famous cuisine of Vietnam.

19:30 Time for dinner enjoying special BBQ seafood on the cruise.

21:00 Evening entertainments: play game on the cruise: cards game, chess, karaoke, squid fishing,

Overnight on Ha Long Bay

#### **Day 4 Halong - Hanoi - Night train to Sapa**

06.30: Early morning sun risers can enjoy Tai Chi lesson on sundeck.

07.00: Morning view of bay's landscape with a cup of tea or coffee. Have breakfast.

08:00 Arrive Sung Sot Cave (Amazing Cave) and joining with guide to visiting and explore the cave.

10:00 Check-out and enjoy a fantastic cruise on the bay.

11:00 Enjoy the lunch on cruise.

12:00 Majestic Cruise are landing Halong Bay harbor, tourist say goodbye to sailors and finish the cruise.

Drive back Hanoi, via Dong Trieu ceramic workshop.

On arrival, free time for take a rest and then transfer to the train station for night train to Sapa

Overnight on train

#### **Day 5 Arrival - Lao Cai - Bac Ha – Sapa**

Welcome on arrival and transfer upwards to Bac Ha town for visiting the Coc Ly (*on Tue*) or Sunday Market (*on Sun*) – the biggest and most colourful market of ethnic minority peoples in the mountainous north-west of Vietnam.

Afterward driving up to Sapa (105 km away). **Hotel check-in**

Afternoon drive to the vicinity of Sapa town (around 13km) and enjoy some more walk (around 2km) off the main road to visit Ta Phin village of Zao and H'mong ethnic minority peoples. Overnight in Sapa

#### **Day 6 Sapa - Phong Tho (New Capital of Lai Chau Province)**

Breakfast at hotel

Morning transfer to Muong Hoa valley where is home to many ethnic minority peoples such as H'mong, Zao, Zay, Tay and Xapho. The landscapes are very beautiful with terraced rice fields and local homes of ethnic minority peoples scattered on the mountain side.

Walk visiting Ta Van village of Zay people.

Afternoon driving to Phong Tho, via Tam Duong, Binh Lu with stops on the way to visit some ethnic people villages. The short drive winding over the mountain range offers the most beautiful landscapes and also the chance to enjoy a dramatic change of climate over the two sides of Tram Tom mountain pass. Hotel check-in and free time afterward, Overnight in Phong Tho

### **Day 7 Phong Tho - Dien Bien Phu (186 km)**

Breakfast at hotel

Morning drive from Phong Tho to Dien Bien town near the border of Vietnam & Lao on Road No. 12. Enjoy a spectacular drive along Nam Na River Dien Bien by the Road No. 4D. On the way, visiting some ethnic minority villages such as Paso, Pa Tan of Dzao, H'mong, Thai...

Hotel check-in and free time afterward, Overnight in Dien Bien

### **Day 8 Dien Bien – Muangkhoa**

Breakfast at hotel

Morning sightseeing tour in Dien Bien town upon arrival including visits to the former battlefields and Army Museum.

Transfer to the Laos and Vietnam Border for departure.

Picking up by lao guide and transfer to Muangkhoa. Overnight at guest house

### **Day 9 Muangkhoa- Sopchem village**

Breakfast

Boarding of our motorized canoes. Sailing day on the Nam Ou to a mixed village Tai het and kamu and arrive at ban Sopchem . Installation at our guests. Visit the village , the school , join activities. Prepare meals with villagers and in the evening, dine with the village chief . Evening around the campfire with the villagers: traditional songs and dances, donated notebooks and pens to school children of the village.

### **Day 10 Sopchem-Phayong village**

Breakfast

Hike through the forest to the Hmong village of Ban Pha Yong where we spend the night. Visit the village and lunch with the villagers. Depending on the season, participation in daily activities in the village.

Dinner and overnight in the village

### **Day 11 Phayong-Sopkhan-Nongkhiew**

Breakfast

Short hike to the village of Sop Khan and the pier where our boat awaits us. Short descent to Nong Khiew and stopping on a beach for swimming and picnicking. Arrival in Nong Khiew in the afternoon and rest of the day free.

### **Day 12 Nongkhiew-Lpq**

Breakfast

Minibus to Luang Prabang. On the way, visit the Buddhist caves of Pak Ou and lunch at the confluence of the Nam Ou and Mekong. Arrive in Luang Prabang in the afternoon and free time to explore the city and its famous night market.

### **Day 13 Lpq On bicycle**

Breakfast

Day dedicated to the visit of this ancient capital of the kingdom, located at the mouth of the Nam Kane River, a major tributary of the Mekong. The history of the city is closely tied to a statue of Buddha in gold, Bang Pra, most holy and revered. Time has stopped at Luang Prabang where the past seems more alive than this. Mount Phou Si stands in the middle of the city, between the Mekong and Nam Kane. At his feet, dozens of temples are inhabited by monks and are closely intertwined in the city itself among the houses. All exudes extraordinary charm which will culminate when we go watch the sunset on the shore of the Mekong.

### **Day 14 Lpq**

Breakfast. Fresh market then full day to Kouangsy waterfall

### **Day 15 Lpq-depart**

Breakfast

At leisure until transfer to the airport for departure flight.

End of service

